Social and Emotional Learning and Young People's Futures
Coach Rudy's PD Resource Room

Website

Managing Emotions Video

School-Connect SEL curriculum used in my class.

Check In Video

Roots To Leaves Building an SEL Program

Please follow me on: Twitter

Thank you CASEL!

Follow up resources

Click links on board above and / or Click on my bitmoji for a breath of calm***/ Please reach out if I can help your school

There are so many starfish that need saving
The students in this webinar were part of a dedicated SEL course, taught at Austin High School and featured in this 2017 article in The Atlantic. The class is based on the CASEL competencies, has spread to many other schools, and uses a CASEL guide research and evidence-based curriculum School-Connect. Austin ISD has been one of the leaders of district wide SEL implementation. Many of the students featured in this article are now first generation college graduates.
Mental Health Crisis

Economic Crisis

Wave 1

Wave 2

Wave 3
Put on Your Oxygen Mask First

A dysregulated adult cannot teach emotional intelligence to a child.

In fact, it’s hard for them to teach anything.
Virtual Calming Room

Hope these help you find calm
Just about anything you see,
you can click on!
It will take you to an activity
or a website.
For example: The plants all
link to breathing activities.

Please follow me on:
Great at the door
Build safe procedure
Make relationship
deposit
Check in
Direct to instant activity

Allday and Parkur
Classrooms where teachers greet at the door on average increase engagement by 45%

Bhaemann and Kopp
Students are significantly less likely to drop out if one adult knows and uses their name in a positive way.
The lessons the students referenced are from School-Connect, a research and evidence-based SEL curriculum now in over 2500 secondary schools. Mr. Matheny aka “Coach Rudy” is a co-author of School-Connect.

- Social emotional learning (SEL) - it's all we do.
- National award winning authors - we have 3.
- Implemented in all 50 states - and around the world.
- Helping students & staff build strong connections - it's our passion.
- Flexible curriculum for any model of teaching - online, in class or hybrid options.

Learn how School-Connect can help to change the learning environment in your middle or high school:

school-connect.net
Check In

• Find a talking piece or virtual

• Norms:
  • Open up and speak your truth
  • The speaker has our full and undivided attention and support
  • What is said in circle stays in the circle

• Everyone shares

• How are you feeling on a scale of 1-10 today, give me a feeling word (ie I am feeling about a five, I am somewhat frustrated).

• Tell me why you think you are feeling that way.

• Knock for support (facilitator help)
Skeptic and Lobbyist

Your turn: Type in the chat what you would say to a SEL skeptic.
The Heart of SEL is Empathy
Please complete this sentence in the chat:

If we all did a better job of modeling, teaching, and practicing empathy then......
Thank you for supporting SEL work!

Please reach out and connect
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Inspiring, engaging, and actionable professional development.
Join the next Building Connections: Social and Emotional Learning and Social Justice on Friday, July 30 at 11:00 AM ET.