



Return to School During COVID 19: Helping Children and Families Manage Stress and Build Resilience

PANELISTS' RECOMMENDED RESOURCES

CASEL CARES Webinar: <https://casel.org/weekly-webinars/>

From CASEL

- [Support for Teachers Affected by Trauma](#) (STAT) This online curriculum supports teachers dealing with secondary traumatic stress included in CASEL's SEL Roadmap for Reopening Schools.
- [Addressing Race and Trauma in the Classroom: A Resource for Educators](#) This professional learning tool defines key terms, describes developmental differences in how children may be affected by racial trauma, and offers recommendations for creating a more trauma informed classroom. While it is not COVID-specific, it does provide an equity lens that is very relevant.
- [Building Trauma-Sensitive Schools \(NCSSLE\)](#) This online module and handouts provide examples of ways to incorporate trauma sensitivity into the classroom.
- [Strategies for Trauma-Informed Distance Learning](#) (WestEd) This brief offers general strategies and specific examples for how to recognize and respond to students' social and emotional needs as well as build in trauma-informed practices that will support all students

From Dr. Bruce Perry

- [Handouts](#), featuring Dr. Bruce Perry's "Greatest Hits" presentation slides
- [COVID-19 Resource Support](#), featuring Conversations about the Pandemic with Oprah Winfrey, NN COVID-19 Stress, Distress & Trauma Series, and other webinars featuring Dr. Bruce Perry.