Return to School During COVID 19: Helping Children and Families Manage Stress and Build Resilience

PANELISTS’ RECOMMENDED RESOURCES

CASEL CARES Webinar: https://casel.org/weekly-webinars/

From CASEL

- **Support for Teachers Affected by Trauma (STAT)** This online curriculum supports teachers dealing with secondary traumatic stress included in CASEL’s SEL Roadmap for Reopening Schools.

- **Addressing Race and Trauma in the Classroom: A Resource for Educators** This professional learning tool defines key terms, describes developmental differences in how children may be affected by racial trauma, and offers recommendations for creating a more trauma informed classroom. While it is not COVID-specific, it does provide an equity lens that is very relevant.

- **Building Trauma-Sensitive Schools (NCSSL)** This online module and handouts provide examples of ways to incorporate trauma sensitivity into the classroom.

- **Strategies for Trauma-Informed Distance Learning** (WestEd) This brief offers general strategies and specific examples for how to recognize and respond to students’ social and emotional needs as well as build in trauma-informed practices that will support all students.

From Dr. Bruce Perry

- **Handouts**, featuring Dr. Bruce Perry’s “Greatest Hits” presentation slides

- **COVID-19 Resource Support**, featuring Conversations about the Pandemic with Oprah Winfrey, NN COVID-19 Stress, Distress & Trauma Series, and other webinars featuring Dr. Bruce Perry.