Cultivating Adult SEL in Unprecedented Times

#CASELCARES | @caselorg
Holistic Perspective
Key Messages: The 4 R’s of Indigenous Philosophy

- RESPECT
- RELEVANCE
- RECIPROCITY
- RESPONSIBILITY
• **Intentional and explicit attention to supporting adult SEL is central** for creating safe, supportive, and equitable learning environments that support the social and emotional development and well-being of all students.

• **Educators’ social and emotional competence (SEC) is inextricably linked to the well-being and SEC of children and youth**, and is critical for the implementation of SEL programs and practices.

• **Educators’ social and emotional skills are malleable** and can be promoted through evidence-based programs.

• **Integrating SEL into educator preparation is essential** for scaling up SEL into classrooms and schools across the country and beyond.