Brainstorm: How We Can Best Support the Power and Purpose of the Teenage Brain

PANELISTS’ RECOMMENDED RESOURCES

CASEL CARES Webinar: https://casel.org/weekly-webinars/

From CASEL

Section 3.1 of the Reunite, Renew and Thrive: SEL Roadmap for Reopening School elevates adult-student relationships

- CASEL Guide to Schoolwide SEL: Webpage on belonging and emotional safety
- Tool: 5-minute chats with students
- Search Institute checklist: building developmental relationships

From the CASEL Guide to Schoolwide SEL, this quick student survey can help educators understand how students learn and their perceptions of the classroom climate, and this page focuses on fostering academic mindsets.

From Dr. Dan Siegel

- Brainstorm: The Power and the Purpose of the Teenage Brain by Dr. Dan Siegel
- The Age of Opportunity: Lessons from the New Science of Adolescence by Lawrence Steinberg
- The Developing Mind by Dr. Dan Seigel
- Wildhood: The Astounding Connections Between Human & Animal Adolescents by Barbara Natterson Horowitz, M.D. and Kathryn Bowers

- Dr. Siegel’s Mindsight Tools
  - Name it to Tame it
  - Hand model of the Brain