PART II
Adult SEL to Support Antiracist Practices
SEL as a Lever for Equity Series

June 19 | Part I: Cultivating and Communicating Commitment

June 26 | Part II: Adult SEL to Support Antiracist Practices

July 10 | Part III: Elevating Student Voice and Vision

July 17 | Part IV: Authentic Partnerships with Families and Communities

July 24 | Part V: Policy and Data Practices that Dismantle Inequities

Made possible with support from SEL as a Lever for Equity Series
A process whereby young people and adults build strong, respectful, and lasting relationships that facilitate co-learning to critically examine root causes of inequity, and to develop collaborative solutions that lead to personal, community and societal well-being.
## Transformative SEL

### SEL COMPETENCY | EXAMPLES
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Self-Awareness | Personal and sociocultural identities, recognition of beliefs, mindsets & biases
Self-Management | Stress management, self-care, perseverance, agency
Social Awareness | Perspective-taking, empathy, belonging
Relationship Skills | Collaborative problem solving, co-construction, effective interpersonal communication
Responsible decision-making | Ethical responsibility, distributive justice, collective well-being
Today’s Conversation

- Naming the who, why, and what of Adult SEL
- Creating brave spaces for the work of Transformative SEL
- Identifying district and adult practices that prioritize Adult SEL
- Measuring the impact of Adult SEL on mindset, knowledge, and practice
Key Takeaways

- All learning is Social AND Emotional, even for adults!

- We model what we've experienced: dehumanized or burned out adults dehumanize kids

- Building transformative social emotional skills is an act of liberation

- Anti-racism and overcoming the effects of white supremacy are the work of the heart, mind, spirit and body

- Achieving educational justice requires transformative SEL skills