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SEL AS A LEVER FOR EQUITY

WEBINAR SERIES

PART II

Adult SEL to Support Antiracist Practices

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SEL as a Lever for Equity Series

June 19 | Part I: Cultivating and Communicating Commitment

June 26 | Part II: Adult SEL to Support Antiracist Practices

July 10 | Part III: Elevating Student Voice and Vision

July 17 | Part IV: Authentic Partnerships with Families and Communities

July 24 | Part V: Policy and Data Practices that Dismantle Inequities



Transformative SEL

A process whereby young people and adults build strong, respectful, and lasting relationships that facilitate **co-learning** to critically examine root causes of inequity, and to develop collaborative solutions that lead to personal, community and societal well-being.



Transformative SEL

SEL COMPETENCY EXAMPLES

Self-Awareness	Personal and sociocultural identities, recognition of beliefs, mindsets & biases
Self-Management	Stress management, self-care, perseverance, agency
Social Awareness	Perspective-taking, empathy, belonging
Relationship Skills	Collaborative problem solving, co-construction, effective interpersonal communication
Responsible decision-making	Ethical responsibility, distributive justice, collective well-being



Today's Conversation

- Naming the who, why, and what of Adult SEL
- Creating brave spaces for the work of Transformative SEL
- Identifying district and adult practices that prioritize Adult SEL
- Measuring the impact of Adult SEL on mindset, knowledge, and practice



Key Takeaways

- **All learning is Social AND Emotional**, even for adults!
- **We model what we've experienced:** dehumanized or burned out adults dehumanize kids
- **Building transformative social emotional skills is an act of liberation**
- **Anti-racism and overcoming the effects of white supremacy are the work of the heart, mind, spirit and body**
- **Achieving educational justice requires transformative SEL skills**

