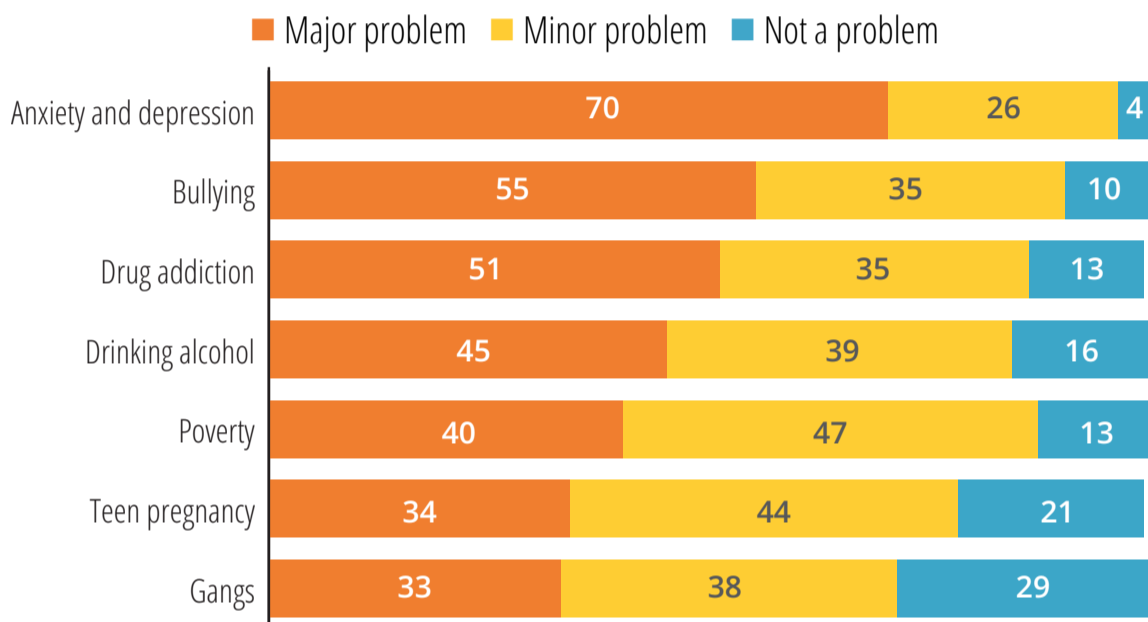


Teens Report High Levels of Anxiety and Depression

A new survey from [Pew Research Center](#) focuses on mental health challenges facing adolescents. It follows a [major national poll](#) CASEL released in November 2018, showing how much current and recent high school students value social and emotional learning, and want schools to teach more of it.

Anxiety and depression top list of problems teens see among their peers

% of teens saying each of the following is a problem...

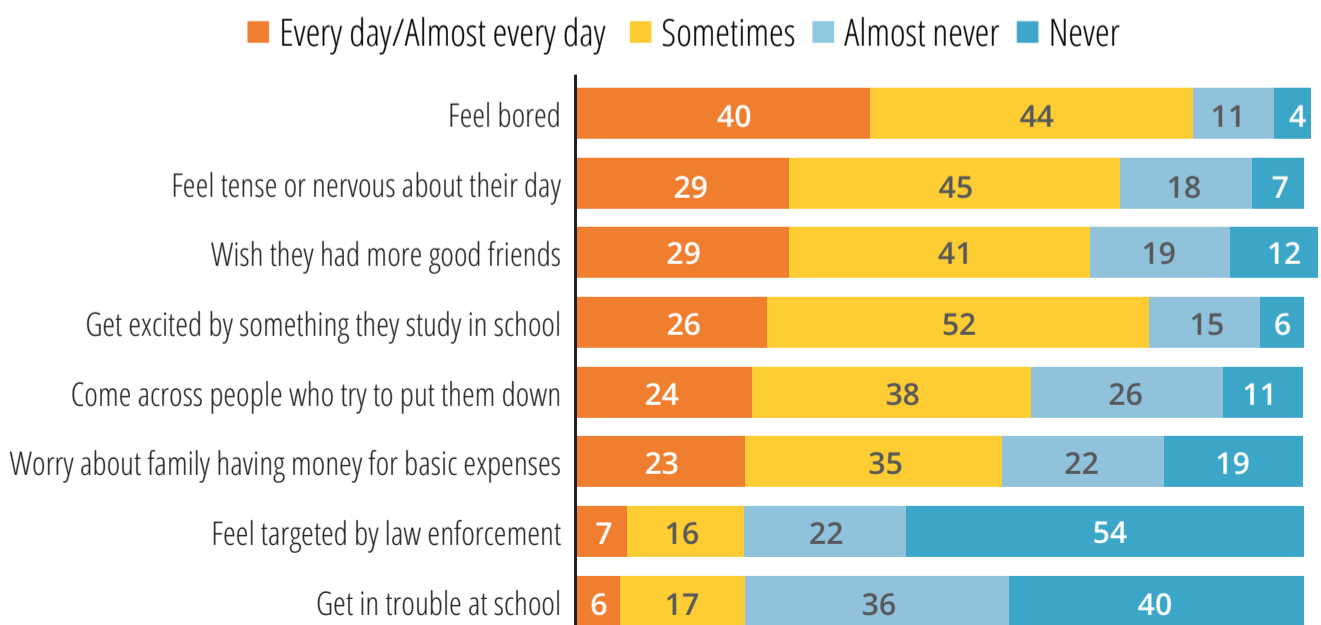


Note: Share of respondents who didn't offer an answer not shown.

Mental health concerns cross income boundaries, but teen pregnancy is seen as a much bigger problem by teens from low-income households (less than \$30,000/year).

About three in ten teens feel tense or nervous, wish they had more good friends almost daily

% of teens saying they experience each of the following...



Note: Share of respondents who didn't offer an answer not shown.

Source: Pew Research Center, *Most U.S. Teens See Anxiety and Depression as a Major Problem Among Their Peers*, <http://www.pewsocialtrends.org>