

SEL: Building Essential Skills for Learning and Life

The Social and Emotional Learning (SEL) initiative helps children and adults acquire and apply attitudes and skills necessary to manage emotions, persevere, develop resiliency, establish positive relationships and make responsible decisions.

"Social and Emotional skills are key to ensuring success for our students in school today and in the future. Self-awareness and self-management, responsible decision-making and forming positive relationships are skills that can be taught and skills that you need to have for work, for school and for life."

– Dr. Meria Carstarphen, Superintendent

A comprehensive Social and Emotional Learning curriculum is linked* to:

Higher Student Success:

- 11-point gain on standardized tests in Math and Reading
- 9-point gain in positive attitudes about self, school and others

Reduced Risks for Failure:

- Problem behaviors decrease by 9 points
- Emotional distress decrease by 10 points



Social and Emotional Learning Core Competencies
Source: www.casel.org

Austin ISD is a leader in urban education as one of the first districts in the nation to commit to the development of the whole child by implementing a SEL program.

Our Vision is for all AISD students to acquire and effectively apply social and emotional skills. During the 2012 school year, SEL is being delivered in 57 schools, serving 44 percent of the students in AISD. By 2015-16, the goal is to offer SEL in 120 schools, serving all of the district's 87,000 students. **AISD invites support from national and local donors to fulfill this vision.**

While each campus has unique needs, the average estimated costs for full implementation of the SEL initiative include:

- Developmentally appropriate instructional materials
- Campus and teacher coaching
- Ongoing professional development and
- A campus SEL facilitator.

Campus Level	Students Impacted	Estimated Cost	
		Year 1	Year 2
Elementary School	600	\$17,700	\$9,600
Middle School	900	\$29,700	\$10,800
High School	1,500	\$13,200	\$9,200
Vertical Team	6,600	\$200,000	\$98,000



**AISD thanks the following organizations
for their support of the Social and
Emotional Learning initiative:**

NoVo Foundation

**Collaborative for Academic, Social,
and Emotional Learning (CASEL)**

Buena Vista Foundation

Tapestry Foundation

Jeanne and Michael Klein

**For more information and to support the Social
and Emotional Learning initiative, please contact:**

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*Source: Durlak, J.A., Weissberg, R.P., Dymnicki, A.B., Taylor, R.D., and Schellinger, K. (2011). "The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions." Child Development.

Social and Emotional Learning



*"In every kind of job in life, you are going to have to get along
with people. [SEL] helps you be able to get along with people."
– Abram, Student, Grade 5, Austin ISD*



Austin
Independent School District